**Task Sheet**

**Task 1 –** You will need to have your recipes.

**Task 2 –** Log on onto the following website:

[www.nutritionprogram.co.uk/login](http://www.nutritionprogram.co.uk/login)

The teacher will have your login and password details.



**Log on here!**



Insert your User Name and password



**Task 3 – Using this page you can investigate what the website allows you to do.**

By Clicking on create new recipe you can now add new recipe and insert each recipe one at a time.

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**Task 4** – Ensure you enter the correct amounts and correct ingredients (Ask if you are unsure)



**Shows you the cost of ingredients you have selected for your product.**

**You can select what Nutritional information you are interested in**

You can click on here which allows you to create a food label and upload images.

**Here is where you add ingredients to your recipe**

**Task 6** – you need to take a screen shot of each of the four recipes so you can annotate the nutrition at a later date and paste into a word document.

**Task 7** – Ensure you print the costing or screen shot and paste into a word document.